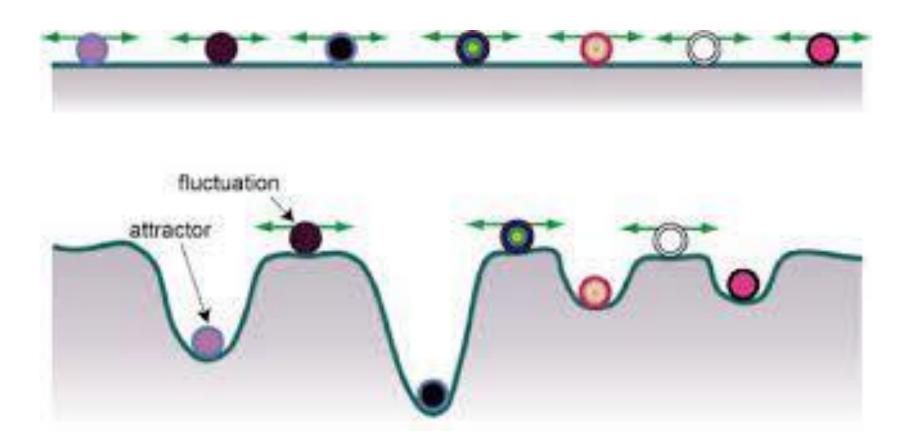
# コントロール

#### アトラクターとフラクチュエーター



#### 関節角度

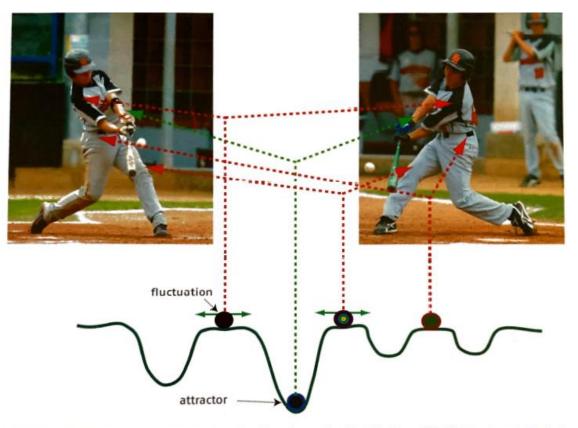
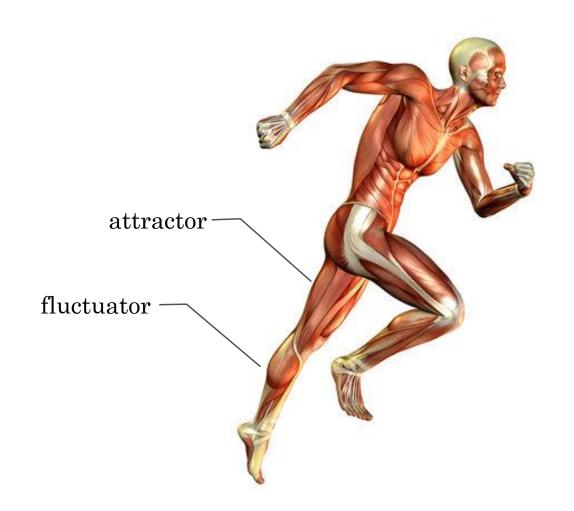


Figure 3.7 Attractors and fluctuators in baseball batting. The swing must be adapted to the variable height and speed of the ball. This is done by varying the angle of the front knee in response to the speed of the ball (the knee more extended if the ball is fast), rotating the pelvis further if the ball is closer to the inside of the home plate and the trunk flexing sideways further if the ball is pitched lower. All three are fluctuators. The batting swing movement of the arms does not change, and hence is an attractor.

## 代償動作



### 動作の向上

